

## Region 4 Training Camp Milwaukee Schedule

### Saturday

8:15-8:30	Registration/Check In				
8:30-8:45	Welcome/Introductions				
8:45-9:45	Judging and Start Value Lecture				
9:45-10:05	Warm-Up				
	<b>Vault</b>	<b>Bars</b>	<b>Beam</b>	<b>Tumbling</b>	<b>Dance</b>
10:05-11:20	Group 1	Group 2	Group 3	Group 4	Group 5
11:25-12:40	Group 2	Group 3	Group 4	Group 5	Group 1
12:45-2:00	Lunch on your own				
2:00-2:30	Warm Up/Stretch				
2:30-3:50	Group 3	Group 4	Group 5	Group 1	Group 2
3:55-5:10	Group 4	Group 5	Group 1	Group 2	Group 3

### Sunday

8:30-8:55	Warm Up/Stretch				
9:00-10:15	Group 5	Group 1	Group 2	Group 3	Group 4
10:15-11:00	Last Chance Workouts - Groups 1,2, and 3 Bars and Beam Groups 4, and 5 Vault and Tumbling				
11:00-11:45	Last Chance Workouts - Groups 4, and 5 Bars and Beam Groups 1,2, and 3 Vault and Tumbling				
11:50	Camp Wrap Up!				

Group 1 - Level 7/8			Group 2 - Level 9/10		
Power & Grace	Rachel	Thiner	Flips Gymnastics	Annie	Glaserapp
Salto Gymnastics	Ariana	Zens	Flips Gymnastics	Kiki	Parenteau
Salto Gymnastics	Elizabeth	Maher	Flips Gymnastics	Maddie	Johnson
Salto Gymnastics	Allie	Siekierski	Flips Gymnastics	Selena	Ung
Salto Gymnastics	Tiana	Rohe	Flips Gymnastics	Beth	Kurkowski
Salto Gymnastics	Hannah	Ysseldyke	Flips Gymnastics	Jordan	Ehde
Swiss Turners Gymnastics	Gillian	Luczyk	Flips Gymnastics	Halley	Shanely
North Shore Gymnastics	Sarah	Ellingboe	Flips Gymnastics	Megan	Parenteau
North Shore Gymnastics	Megan	White	Gymfinity	Aryn	Skibba
North Shore Gymnastics	Natalie	Brasket	Gymfinity	Brianna	Slonim
North Shore Gymnastics	Abby	Fay	North Shore Gymnastics	Caroline	Ellingboe
North Shore Gymnastics	Teagan	Schmidt	North Shore Gymnastics	Amanda	Bartemio
North Shore Gymnastics	Maddie	Mayhew	North Shore Gymnastics	Stephanie	Hertzenberg
			North Shore Gymnastics	Kayla	Roiland
			North Shore Gymnastics	Breghan	Kiloran

Group 3 - Level 9/10			Group 4 - Level 9/10		
Swiss Turners Gymnastics	Breanna	Fitzke	Power & Grace	Shania	Scheidt
Swiss Turners Gymnastics	Natalie	Boelter	LaFleurs	Danci	Cha
Swiss Turners Gymnastics	Lewa	Evans	LaFleurs	Kennedy	Evans
Salto Gymnastics	Heather	Foley	LaFleurs	Danielle	Jemison
Salto Gymnastics	Bridget	Hodan	LaFleurs	Leah	Spankowski
Salto Gymnastics	Alex	McCarthy	LaFleurs	Kendall	Westrich
Salto Gymnastics	Jordan	Hardison	LaFleurs	Lily	Hayes
Salto Gymnastics	Tyler	Jeschke	LaFleurs	Cassidy	Pilo
Salto Gymnastics	Colleen	Hodan	LaFleurs	Kaitlyn	Seibold
Salto Gymnastics	Amanda	Pennow	LaFleurs	Autumn	DeHarde
Salto Gymnastics	Madison	Rice	LaFleurs	Erin	Fardy
<b>Omega</b>	Jacquelyn	Paul	LaFleurs	Rose	Franke
<b>Omega</b>	Alexa	Burmeister	North Shore - WI	Lisa	Gensrick
<b>Omega</b>	Regan	Sindelar	North Shore - WI	Bobbie Jo	Sigler
<b>Omega</b>	Katie	Waldman	Midwest Twisters	Mackenzie	Smith

Group 5 - Level 9/10		
Nebraska Gold	Lanie	Snyder
Nebraska Gold	Alex	Marasco
Nebraska Gold	Dani	Barmore
Nebraska Gold	Maddy	Taylor
Nebraska Gold	Elizabeth	Sander
Nebraska Gold	Abbie	Nylin
Nebraska Gold	Kelly	Straub
<b>Hawkeye</b>	LaReya	Smith
LaFleurs	Whitney	Briggs
LaFleurs	Kori	Doffek
LaFleurs	Paris	Berelc
LaFleurs	Julia	Ducsay
LaFleurs	Leah	Flanagan
LaFleurs	Amanda	Wanie
LaFleurs	Sarah	Vidusici
LaFleurs	Katherine	Wanie
LaFleurs	Alexis	Foss